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Contact: Franz Villa  
MMA Recruiter  
San Diego, CA  
(619) 866-4198  
<http://www.MMARecruiter.com>  
franz@mmarecruiter.com



## MMAR READER INFORMS AND EDUCATES MMA FIGHTERS

### *MMA Recruiter Distributes Free Monthly Publication for MMA Fighters*

SAN DIEGO, California, February 3, 2010 – Like many publications associated with entertaining the masses, news about the Mixed Martial Arts industry ranges from the informative to the ridiculous. Understandably, most MMA news is written to entertain fan bases rather than educate fighters.

Fortunately for fighters, **MMAR Reader** breaks the mold of traditional MMA news and sets itself apart from entertainment focused MMA publications.

As a free monthly publication distributed by MMA networking website MMARecruiter.com, the MMAR Reader provides content specifically related to helping fighters improve their skills and grow their careers in MMA.

“The goal of MMAR Reader is to help MMA athletes succeed by producing educational and informative articles that will make them better fighters”, said Franz Villa, Vice President of Operations for MMA Recruiter, “Our content is provided by MMA industry professionals and is meant to inspire and inform the growing population of MMA athletes.”

MMAR Reader is a free monthly publication distributed to registered members of MMARecruiter.com. Monthly articles include tips on fighting techniques, physical conditioning, career building advice, and industry news. Special monthly columns include spotlights on a Featured Fighter, Featured Promoter, and Featured Gym.

MMA Recruiter is based out of San Diego, California and provides Mixed Martial Arts fighters a free online platform where they can enhance their fighting careers by networking within the MMA industry. For more information on MMA Recruiter, visit their web site at <http://www.MMARecruiter.com>, or call (619) 866-4198 for more information.

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